

**The Kelkar Education Trust's
V G Vaze College of Arts, Science and Commerce
(Autonomous)**



**The Kelkar Education Trust's
V G Vaze College of Arts, Science and Commerce
(Autonomous)**

Syllabus for SYBA
(June 2020 Onwards)

Program: BA

Semester 3

Course: Psychology Paper II: Social Psychology Part I

Course Code	Paper Title	Credit
APSY301	Psychology Paper II: Social Psychology Part I	03



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V G Vaze College of Arts, Science and Commerce
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1. Syllabus as per **Choice Based Credit System**

i) Name of the Programme	:	S.Y.B.A. Psychology
ii) Course Code	:	APSY301
iii) Course Title	:	Psychology Paper II: Social Psychology Part I
iv) Semester wise Course Contents	:	Copy of the syllabus Enclosed
v) References and additional references	:	Enclosed in the Syllabus
vi) Credit structure	:	
No. of Credits per Semester	:	03
vii) No. of lectures per Unit	:	Approximately 9-10
viii) No. of lectures per week	:	03
ix) No. of Tutorial per week	:	---
		Semester End Exam:60 marks (4 Questions of 15 marks)
		Internal Assessment 40 marks: Class Test: 15 marks
		Project/ Assignment: 15 marks
2 Scheme of Examination	:	Class Participation: 10 marks
3 Special notes, if any	:	No
4 Eligibility, if any	:	As laid down in the College Admission brochure / website
5 Fee Structure	:	As per College Fee Structure specifications
6 Special Ordinances / Resolutions, if any	:	No



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Programme: SYBA

Semester: III

Course : Psychology Paper II: Social Psychology Part I

Course Code : APSY301

Teaching Scheme (Hrs/Week)				Continuous Internal Assessment (CIA) 40 marks					End Semester Examination	Total
L	T	P	C	CIA-1	CIA-2	CIA-3	CIA-4	Lab	Written	
3	-	-	3	15	15	10		-	60	100
Max. Time, End Semester Exam (Theory) - 2Hrs.										

Prerequisite: Basic interest in human behaviour
 Understanding of basic concepts in Psychology
 Understanding of basic theoretical basis of Psychology

Course Objectives

- 1) To acquaint students with the basic concepts and modern trends in Social Psychology.
- 2) To help the students understand the foundational theories of Social Psychology.
- 3) To help students understand various research design and build research skills for the field of Social Psychology.
- 4) To make the students aware of the applications of concepts of social psychology in different areas of day to day life.
- 5) To create a foundation for and foster interest in further study in Social Psychology.

Course Content

Unit No.	Module No.	Content	Lectures
1: Social Psychology: The Science of the Social Side of Life	I	Social Psychology: What it is and is not?	9
	II	Social psychology: Advances at the Boundaries	
	III	How Social Psychologists Answer the Questions They Ask: Research as the Route to Increased Knowledge	
	IV	The Role of Theory in Social Psychology	
	V	The Quest for Knowledge and the Rights of Individuals: Seeking an Appropriate Balance	
2: Social Perception:	I	Nonverbal Communication: An Unspoken Language.	9



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Seeking to Understand Others	II III	Attribution: Understanding the Causes of Behavior. Impression Formation and Management: Combining Information about Others.	
3: Attitudes: Evaluating and responding to the social world	I II III IV V VI	Attitude formation: How Attitudes Develop. When and Why Do Attitudes Influence Behaviour? How Do Attitudes Guide Behaviour? The Science of Persuasion: How Attitudes Are Changed Resisting Persuasion Attempts Cognitive Dissonance: What It Is and How Do We Manage It?	9
4: Liking, Love and Other close relationships.	I II III IV	Internal Sources of Liking Others: The Role of Needs and Emotions. External Sources of Attraction: The Effects of Proximity, Familiarity and Physical Beauty. Sources of Liking Based on Social Interaction. Close Relationships: Foundations of Social Life.	9
Total No. of Lectures			36

Beyond the Syllabus

Students' Presentations, Group Discussions, Use of E-learning, Book Reviews, Movie Reviews and Conducting Small Scale Studies on Topics related to the Syllabus.

Psychology Paper II: Social Psychology Part I (Paper Pattern)

Duration: 2 hours

Marks: 60

Q.1 Essay Type (1/2) (Unit 1)	15 marks
Q.2 Essay Type (1/2) (Unit 3)	15 marks
Q.3 Essay Type (1/2) (Unit 4)	15 Marks
Q.4 Short Notes (3/5) (Unit 2)	15 Marks

Course Outcomes

Students should be able to...

CO1	Understand the basic concepts and modern trends in Social Psychology.
CO2	Comprehend the basic foundational theories of Social Psychology
CO3	Implement various research designs to conduct research.
CO4	Apply various concepts of Social Psychology in day to day life.
CO5	Feel interested and motivated to pursue further study in the field of Social Psychology.

Recommended Resources

Text Books	1. Branscombe, N. R. & Baron, R. A., Adapted by Preeti Kapur (2017). Social Psychology, (14th Ed.). New Delhi: Pearson Education; Indian reprint.
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Reference Books	<ol style="list-style-type: none">1. Myers, D. G. (2013). Social psychology (11th ed.). NY: McGraw Hill Education.2. Baron, R.A.; Branscombe, N. R.; Byrne, D. R & Bhardwaj. (2010). Social Psychology. (12th Ed). New Delhi: Dorling Kindersley (India) Pvt Ltd.
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Syllabus Prepared by:

1. Dr. Neeta Mehta, Head and Associate Professor, Department of Psychology & Chairperson, BOS, Vaze College (Autonomous)
2. Ms. Reeta Kamble, Assistant Professor, Department of Psychology & Member, BOS, Vaze College (Autonomous)
3. Ms. Mugdha Desai, Assistant Professor, Department of Psychology & Member, BOS, Vaze College (Autonomous)



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Syllabus for SYBA
(June 2020 Onwards)

Program: BA

Semester 3

Course: Psychology Paper III

Developmental Psychology: A Focus on Adolescent and Adult Development – Part I

Course Code	Paper Title	Credit
APSY302	Psychology Paper III Developmental Psychology: A Focus on Adolescent and Adult Development – Part I	03



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1. Syllabus as per **Choice Based Credit System**

i) Name of the Programme	:	S.Y.B.A. Psychology
ii) Course Code	:	APSY302 Psychology Paper III Developmental Psychology: A Focus on Adolescent and Adult
iii) Course Title	:	Development – Part I
iv) Semester wise Course Contents	:	Copy of the syllabus Enclosed
v) References and additional references	:	Enclosed in the Syllabus
vi) Credit structure	:	
No. of Credits per Semester	:	03
vii) No. of lectures per Unit	:	Approximately 9-10
viii) No. of lectures per week	:	03
ix) No. of Tutorial per week	:	---
		Semester End Exam:60 marks (4 Questions of 15 marks)
		Internal Assessment 40 marks: Class Test :15 marks
		Project/ Assignment: 15 marks
2 Scheme of Examination	:	Class Participation: 10 marks
3 Special notes, if any	:	No
4 Eligibility, if any	:	As laid down in the College Admission brochure / website
5 Fee Structure	:	As per College Fee Structure specifications



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6 Special Ordinances / Resolutions, if any : No

Programme: SYBA

Semester: 3

Course : Psychology Paper III

Course Code : APSY302

Developmental Psychology: A Focus on Adolescent and Adult Development –Part I

Teaching Scheme (Hrs/Week)				Continuous Internal Assessment (CIA) 40 marks					End Semester Examination	Total
L	T	P	C	CIA-1	CIA-2	CIA-3	CIA-4	Lab	Written	
3	-	-	3	15	15	10		-	60	100
Max. Time, End Semester Exam (Theory) -2Hrs.										

Prerequisite: Basic interest in human behaviour
 Understanding of basic concepts in Psychology
 Understanding of basic theoretical basis of Psychology

Course Objectives

1. To acquaint students with the basic concepts and modern trends in lifespan development and in Developmental Psychology of Adolescence and Early Adulthood.
2. To help the students understand the foundational theories in Developmental Psychology with reference to Adolescence and Early Adulthood.
3. To orient students towards various research studies conducted on issues of adolescence and Early Adulthood.
4. To demonstrate to students the applications of concepts of Developmental Psychology with reference to adolescence and Early Adulthood in different areas of day to day life.
5. To create a foundation for and foster interest in further study in Developmental Psychology.

Course Content

Unit No.	Module No.	Content	Lectures
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1: An Introduction to Lifespan Development and Adolescence Physical & Cognitive Development	IA	Lifespan Development	09
	I	An Orientation to Lifespan Development	
	II	Defining Life Span Development	
	III	Scope of The Field (Areas, Age and Individual Differences)	
	IV	Basic Influences in Development (History, Age, Sociocultural, Life Events)	
	IB	Physical & Cognitive Development in Adolescence	
I	Physical Maturation		
II	Cognitive Development		
III	Threats to Adolescents' Well-Being		
2: Social and Personality Development in Adolescence	I	Identity: Asking 'Who am I'	09
II	Relationships: Family and Friends		
III	Dating, Sexual Behaviour and Teenage Pregnancy		
3: Physical and Cognitive Development in Early Adulthood	I	Physical Development	09
II	Cognitive Development		
III	College: Pursuing Higher Education		
4: Social and Personality Development in Early Adulthood	I	Forging Relationships: Intimacy, Liking and Loving during Early Adulthood	09
II	The Course of Relationships		
III	Work: Choosing & Embarking on a Career		
Total No. of Lectures			36

Beyond the Syllabus

Students' Presentations, Group Discussions, Use of E-learning, Book Reviews, Movie Reviews and Conducting Small Scale Studies on Topics related to the Syllabus



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(Paper Pattern)	
Duration: 2 hours	Marks: 60
Q.1 Essay Type (1/2) (Unit 1)	15 marks
Q.2 Essay Type (1/2) (Unit 2)	15 marks
Q.3 Essay Type (1/2) (Unit 3)	15 Marks
Q.4 Short Notes (3/5) (Unit 4)	15 Marks

Course Outcomes	
Students should be able to...	
CO1	Understand the basic concepts and modern trends in Developmental Psychology.
CO2	Comprehend the foundational theories in Developmental Psychology with reference to Adolescence and Early Adulthood.
CO3	Use their understanding of research studies conducted on issues of Adolescence and Early Adulthood to conduct research.
CO4	Apply the concepts of Developmental Psychology with reference to Adolescence and Early Adulthood in different areas of day to day life.
CO5	Feel interested and motivated to pursue further study in Developmental Psychology.

Recommended Resources	
Text Books :	1. Feldman, R. S. & Babu, N. (2018). Development across the Life Span. (8th Ed). India: Pearson India Education services Pvt. Ltd
Reference Books	1. Feldman, R. S. (2015). Development across the Life Span. 7 th Edition. New Delhi: Dorling Kindersley India pvt ltd. 2. Papalia, D. E., Olds, S. W., & Feldman, R. (2012). Human Development. (12th Ed). New Delhi: McGraw Hill international Edition

Syllabus Prepared by:	
1.	Dr. Neeta Mehta, Head and Associate Professor, Department of Psychology & Chairperson, BOS, Vaze College (Autonomous)
2.	Ms. Reeta Kamble, Assistant Professor, Department of Psychology & Member, BOS Vaze College (Autonomous)
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Syllabus for SYBA
(June 2020 Onwards)

Program: BA

Semester 3

Course: Health Psychology: Part I

Course Code	Paper Title	Credit
AHP301	Health Psychology: Part I	02



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1. Syllabus as per **Choice Based Credit System**

i) Name of the Programme	:	S.Y.B.A. Psychology
ii) Course Code	:	AHP301
iii) Course Title	:	Health Psychology: Part I
iv) Semester wise Course Contents	:	Copy of the syllabus Enclosed
v) References and additional references	:	Enclosed in the Syllabus
vi) Credit structure	:	
No. of Credits per Semester	:	02
vii) No. of lectures per Unit	:	Approximately 10 -12
viii) No. of lectures per week	:	04
ix) No. of Tutorial per week	:	---
		Semester End Exam:60 marks (4 Questions of 15 marks)
		Internal Assessment 40 marks: Class Test: 15 marks
		Project/ Assignment: 15 marks
2 Scheme of Examination	:	Class Participation: 10 marks
3 Special notes, if any	:	No
4 Eligibility, if any	:	As laid down in the College Admission brochure / website
5 Fee Structure	:	As per College Fee Structure specifications
6 Special Ordinances / Resolutions, if any	:	No



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Programme: SYBA

Course : Health Psychology : Part I

Semester: 3

Course Code : AHP301

Teaching Scheme (Hrs/Week)				Continuous Internal Assessment (CIA) 40 marks					End Semester Examination	Total
L	T	P	C	CIA-1	CIA-2	CIA-3	CIA-4	Lab	Written	
4	-	-	2	15	15	10		-	60	100
Max. Time, End Semester Exam (Theory) -2Hrs.										

Prerequisite: Basic Interest in Health and Human Behaviour

Course Objectives

1. To acquaint students with the basic concepts and modern trends in Health Psychology.
2. To help the students understand the foundational theories in Health Psychology.
3. To orient students towards various research design and build research skills for the field of Health Psychology.
4. To demonstrate to students the applications of concepts of Health Psychology in various areas of day to day life.
5. To create a foundation for and foster interest in further study in Health Psychology.

Course Content

Unit No.	Module No.	Content	Lectures
1: What Is Health Psychology?	I	Definition of Health Psychology	10
	II	The Mind-Body Relationship: A Brief History	
	III	The Rise of the Biopsychosocial Method	
	IV	The Need for Health Psychology	
	V	Health Psychology Research	
	VI	Health Psychology: Challenges for the Future	
2: Health Behaviors	I	An introduction to Health Behaviours	10
	II	Health promotion: An overview	
	III	Changing health habits	
	IV	Cognitive-behavioural approaches to health behaviour change	
	V	The transtheoretical model of behaviour change	
	VI	Changing health behaviors through social engineering	
	VII		



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		Venues for health-habit modification	
3: Health-Promoting Behaviors and Health-compromising Behaviors	I II III IV V VI VII VIII	Exercise, its determinants, & interventions Accident prevention Vaccination and screening Sun Safety Practices Developing a healthy diet Sleep Rest, Renewal and Savouring Alcoholism & Problem Drinking Smoking	13
4: Stress, Coping, Resilience & Social Support	I II III IV V VI VII VIII IX X XI	What is stress? Origins of the study of stress The physiology of stress What makes events stressful? How has stress been studied? Sources of chronic stress Coping with stress and resilience Coping and external resources Coping outcomes Coping interventions Social support	12
		Total No. of Lectures	45

Beyond the Syllabus

Students' Presentations, Group Discussions, Use of E-learning, Book Reviews, Movie Reviews, Conducting Small Scale Studies on Topics related to the Syllabus and visits to NGOs / health centres working in the field of Health Psychology.

Semester III: Health Psychology – Part A (Paper Pattern)

Duration: 2 hours

Marks: 60

Q.1 Essay Type (1/2) (Unit 1)	15 marks
Q.2 Essay Type (1/2) (Unit 2)	15 marks
Q.3 Essay Type (1/2) (Unit 4)	15 Marks
Q.4 Short Notes (3/5) (Unit 3)	15 Marks

Course Outcomes

Students should be able to...

CO1	Understand the basic concepts and modern trends in Health Psychology.
CO2	Comprehend the foundational theories in Health Psychology.
CO3	Use their understanding of research designs and their research skills to conduct research.



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CO4	Apply their understanding of concepts of health psychology in various areas of day to day life.
CO5	Feel interested and motivated to pursue further studies in Health Psychology.

Recommended Resources

Text Book:	1. Taylor, Shelley E. (2018). Health Psychology (10 th Ed). Chennai: McGraw Hill Higher Education. Indian Edition
Reference Books	1. Davy, J. & Ellis, S. (2000). Counselling Skills in Palliative Care. Buckingham: Open University Press. 2. Mohan, J. & Sehgal, M (editors) (2006). Health Psychology: Recent Perspectives. Delhi: Abhijeet Publications. 3. Brannon, L. & Feist, J. (2007). Introduction to Health Psychology. New Delhi: Wadsworth (Thomson Learning) 4. Khatoon, N. (Editor). (2012). Health Psychology. New Delhi: Dorling Kindersley (India) Pvt Ltd.

Syllabus Prepared by:

1. Dr. Neeta Mehta, Head and Associate Professor, Department of Psychology & Chairperson, BOS, Vaze College (Autonomous)
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Syllabus for SYBA
(June 2020 Onwards)

Program: BA

Semester 4

**Course: Psychology Paper II:
Social Psychology Part II**

Course Code	Paper Title	Credit
APSY401	Psychology Paper II Social Psychology - Part II	03



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1. Syllabus as per **Choice Based Credit System**

i) Name of the Programme	:	S.Y.B.A. Psychology
ii) Course Code	:	APSY401 Psychology Paper II
iii) Course Title	:	Social Psychology Part II
iv) Semester wise Course Contents	:	Copy of the syllabus Enclosed
v) References and additional references	:	Enclosed in the Syllabus
vi) Credit structure	:	
No. of Credits per Semester	:	03
vii) No. of lectures per Unit	:	Approximately 9-10
viii) No. of lectures per week	:	03
ix) No. of Tutorial per week	:	---
		Semester End Exam: 60 marks (4 Questions of 15 marks)
		Internal Assessment 40 marks: Class Test: 15 marks
		Project/ Assignment: 15 marks
2 Scheme of Examination	:	Class Participation: 10 marks
3 Special notes, if any	:	No
4 Eligibility, if any	:	As laid down in the College Admission brochure / website
5 Fee Structure	:	As per College Fee Structure specifications



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6 Special Ordinances / Resolutions, if any : No

Programme: SYBA

Semester: 4

Course : Psychology Paper II: Social Psychology Part II

Course Code : APSY401

Teaching Scheme (Hrs/Week)				Continuous Internal Assessment (CIA) 40 marks					End Semester Examination	Total
L	T	P	C	CIA-1	CIA-2	CIA-3	CIA-4	Lab	Written	
3	-	-	3	15	15	10		-	60	100
Max. Time, End Semester Exam (Theory) -2Hrs.										

Prerequisite: Basic Interest in Human Behaviour
Understanding of basic concepts in Psychology
Understanding of basic theoretical basis of Psychology

Course Objectives

- 1) To acquaint students with the basic concepts and modern trends in Social Psychology.
- 2) To help the students understand the foundational theories of Social Psychology.
- 3) To help students understand various research design and build research skills of the field of Social Psychology.
- 4) To make the students aware of the applications of concepts of social psychology in different areas of day to day life.
- 5) To create a foundation for and foster interest in further study in Social Psychology.

Course Content			
Unit No.	Module No.	Content	Lectures
1: Causes, and Cures of Stereotyping, Prejudice and Discrimination	I	How Members of Different Groups Perceive Inequality	9
	II	The Nature and Origins of Stereotyping.	
	III	Prejudice: Feelings toward Social Groups.	
	IV	Discrimination: Prejudice In Action.	
	V	Why Prejudice Is Not Inevitable: Techniques For Countering Its Effects.	



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2: Social Influence: Changing Others' Behaviour	I	Conformity: How Groups – and Norms – Influence Our Behaviour.	9
	II	Compliance: To Ask – Sometimes – Is to Receive	
	III	Obedience to Authority: Would You Harm Someone If Ordered to Do So?	
	IV	Unintentional Social Influence: How Others Change Our Behaviour Even When They Are Not Trying to Do So	
3: Aggression: Its Nature, Causes and Control	I	Perspectives on Aggression: In Search of the Roots of Violence	9
	II	Causes of Human Aggression: Social, Cultural, Personal and Situational	
	III	Aggression in the Classroom and Workplace	
	IV	The Prevention and Control of Aggression: Some Useful Techniques	
4: Prosocial Behaviour: Helping Others	I	Why People Help: Motives for Prosocial Behaviour	9
	II	Responding to an Emergency: Will Bystanders Help	
	III	Factors That Increase or Decrease the Tendency to Help	
	IV	Crowdfunding: A New Type of Prosocial Behaviour	
	V	Final Thoughts: Are Prosocial Behaviour and Aggression Opposites?	
Total No. of Lectures			36

Beyond the Syllabus

Students' Presentations, Group Discussions, Use of E-learning, Book Reviews, Movie Reviews and Conducting Small Scale Studies on Topics related to the Syllabus.

Semester IV: Psychology Paper II: Social Psychology Part II (Paper Pattern)

Duration: 2 hours

Marks: 60

Q.1 Essay Type (1/2) (Unit 1)	15 marks
Q.2 Essay Type (1/2) (Unit 2)	15 marks
Q.3 Essay Type (1/2) (Unit 3)	15 Marks
Q.4 Short Notes (3/5) (Unit 4)	15 Marks

Course Outcomes

Students should be able to...

CO1 Understand the basic concepts and modern trends in Social Psychology.



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CO2	Comprehend the basic foundational theories of Social Psychology
CO3	Implement various research designs to conduct research.
CO4	Apply various concepts of Social Psychology in day to day life.
CO5	Feel interested and motivated to pursue further study in the field of Social Psychology.

Recommended Resources

Text Books	1. Branscombe, N. R. & Baron, R. A., Adapted by Preeti Kapur (2017). Social Psychology, (14th Ed.). New Delhi: Pearson Education; Indian reprint.
Reference Books	1. Myers, D. G. (2013). Social psychology (11th ed.). NY: McGraw Hill Education. 2. Baron, R.A.; Branscombe, N. R.; Byrne, D. R & Bhardwaj. (2010). Social Psychology. (12 th Ed). New Delhi: Dorling Kindersley (India) Pvt Ltd.

Syllabus Prepared by:

1. Dr. Neeta Mehta, Head and Associate Professor, Department of Psychology & Chairperson, BOS, Vaze College (Autonomous)
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Syllabus for SYBA
(June 2020 Onwards)

Program: BA

Semester 4

Course: Psychology Paper III

**Developmental Psychology: A Focus on Adolescent and Adult Development –
Part II**

Course Code	Paper Title	Credit
APSY402	Psychology Paper III Developmental Psychology: A Focus on Adolescent and Adult Development – Part II	03



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1. Syllabus as per **Choice Based Credit System**

i) Name of the Programme	:	S.Y.B.A. Psychology
ii) Course Code	:	APSY402
		Psychology Paper III
iii) Course Title	:	Developmental Psychology: A Focus on Adolescent and Adult Development – Part II
iv) Semester wise Course Contents	:	Copy of the syllabus Enclosed
v) References and additional references	:	Enclosed in the Syllabus
vi) Credit structure	:	
No. of Credits per Semester	:	03
vii) No. of lectures per Unit	:	Approximately 9-10
viii) No. of lectures per week	:	03
ix) No. of Tutorial per week	:	---
		Semester End Exam:60 marks (4 Questions of 15 marks)
		Internal Assessment 40 marks: Class Test:15 marks, Project/ Assignment: 15 marks
2 Scheme of Examination	:	Class Participation: 10 marks
3 Special notes, if any	:	No
4 Eligibility, if any	:	As laid down in the College Admission brochure / website



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5 Fee Structure : As per College Fee Structure specifications

6 Special Ordinances / Resolutions, if any : No

Programme: SYBA

Semester: 4

Course : Psychology Paper III

Course Code : APSY402

Developmental Psychology: A Focus on Adolescent and Adult Development –Part II

Teaching Scheme (Hrs/Week)				Continuous Internal Assessment (CIA) 40 marks					End Semester Examination	Total
L	T	P	C	CIA-1	CIA-2	CIA-3	CIA-4	Lab	Written	
3	-	-	3	15	15	10		-	60	100
Max. Time, End Semester Exam (Theory) -2Hrs.										

Prerequisite: Basic Interest in Human Behaviour

Course Objectives

1. To acquaint students with the basic concepts and modern trends in Developmental Psychology with focus on Middle Adulthood and Late Adulthood.
2. To help the students understand the foundational theories in Developmental Psychology with reference to Middle Adulthood and Late Adulthood.
3. To orient students towards various research studies conducted on issues of Middle Adulthood and Late Adulthood
4. To demonstrate to students the applications of concepts of Developmental Psychology with reference to Middle Adulthood and Late Adulthood in different areas of day to day life.
5. To create a foundation for and foster interest in further study in Developmental Psychology.

Course Content			
Unit No.	Module No.	Content	Lectures
1: Physical and Cognitive Development in Middle Adulthood	I	Physical Development	09
	II	Health	
	III	Cognitive Development	



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2: Social and Personality Development in Middle Adulthood	I II III	Personality Development Relationships: Family in Middle Age Work & Leisure	09
3: Physical and Cognitive Development in Late Adulthood	I II III	Physical Development in Late Adulthood Health and Wellness in Late Adulthood Cognitive Development in Late Adulthood	09
4: Social and Personality Development in Late Adulthood	I II III	Personality Development and Successful Aging The Daily Life of Late Adulthood Relationships: Old & New	09
Total No. of Lectures			36

Beyond the Syllabus

Students' Presentations, Group Discussions, Use of E-learning, Book Reviews, Movie Reviews and Conducting Small Scale Studies on Topics related to the Syllabus

Semester IV: Developmental Psychology: A Focus on Adolescent and Adult Development – Part B (Paper Pattern)

Duration: 2 hours

Marks: 60

Q.1 Essay Type (1/2) (Unit 1)	15 marks
Q.2 Essay Type (1/2) (Unit 2)	15 marks
Q.3 Essay Type (1/2) (Unit 3)	15 Marks
Q.4 Short Notes (3/5) (Unit 4)	15 Marks

Course Outcomes

Students should be able to...

CO1	Understand the basic concepts and modern trends in Developmental Psychology with focus on Middle Adulthood and Late Adulthood.
CO2	Comprehend the foundational theories in Developmental Psychology with reference to Middle Adulthood and Late Adulthood.
CO3	Use their understanding of research studies conducted on issues of Middle Adulthood and Late Adulthood to conduct research.



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CO4	Apply the concepts of Developmental Psychology with reference to Middle Adulthood and Late Adulthood in different areas of day to day life.
CO5	Feel interested and motivated to pursue further study in Developmental Psychology.

Recommended Resources

Text Book: 1. Feldman, R. S. & Babu, N. (2018). Development across the Life Span. (8th Ed). India: Pearson India Education services Pvt.Ltd

Reference

Books: 1. Feldman, R. S. (2015). Development across the Life Span. 7th Edition. New Delhi: Dorling Kindersley India pvt ltd.
2. Papalia, D. E., Olds, S. W., & Feldman, R. (2012). Human Development. (12th Ed). New Delhi: McGraw Hill international Edition

Syllabus Prepared by:

1. Dr. Neeta Mehta, Head and Associate Professor, Department of Psychology & Chairperson, BOS, Vaze College (Autonomous)
2. Ms. Reeta Kamble, Assistant Professor, Department of Psychology & Member, BOS Vaze College (Autonomous)
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Syllabus for SYBA
(June 2020 Onwards)

Program: BA

Semester 4

Course: Health Psychology: Part II

Course Code	Paper Title	Credit
AHP401	Health Psychology: Part II	02



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1. Syllabus as per **Choice Based Credit System**

i) Name of the Programme	:	S.Y.B.A. Psychology
ii) Course Code	:	AHP401
iii) Course Title	:	Health Psychology: Part II
iv) Semester wise Course Contents	:	Copy of the syllabus Enclosed
v) References and additional references	:	Enclosed in the Syllabus
vi) Credit structure	:	
No. of Credits per Semester	:	02
vii) No. of lectures per Unit	:	Approximately 10-12
viii) No. of lectures per week	:	04
ix) No. of Tutorial per week	:	---
		Semester End Exam:60 marks (4 Questions of 15 marks)
		Internal Assessment 40 marks: Class Test : 15 marks, Project/ Assignment :15 marks
2 Scheme of Examination	:	Class Participation: 10 marks
3 Special notes, if any	:	No
4 Eligibility, if any	:	As laid down in the College Admission brochure / website
5 Fee Structure	:	As per College Fee Structure specifications
6 Special Ordinances / Resolutions, if any	:	No



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Programme: SYBA
 Course : Health Psychology : Part II

Semester: 4
 Course Code : AHP401

Teaching Scheme (Hrs/Week)				Continuous Internal Assessment (CIA) 40 marks					End Semester Examination	Total
L	T	P	C	CIA-1	CIA-2	CIA-3	CIA-4	Lab	Written	
4	-	-	3	15	15	10		-	60	100
Max. Time, End Semester Exam (Theory) -2Hrs.										

Prerequisite: Basic Interest in Human Behaviour

Course Objectives

1. To acquaint students with the basic concepts and modern trends in Health Psychology.
2. To help the students understand the foundational theories in Health Psychology.
3. To orient students towards various research design and build research skills for the field of Health Psychology.
4. To demonstrate to students the applications of concepts of health psychology in various areas of day to day life.
5. To create a foundation for and foster interest in further study in Health Psychology.

Course Content

Unit No.	Module No.	Content	Lectures
1: Management of Chronic Health Disorders & Placebo Effect	I A	Management of Chronic Health Disorders	12
	I	Quality of Life	
	II	Emotional Responses to Chronic Health Disorders	
	III	Personal Issues in Chronic Health Disorders	
	IV	Coping with Chronic Health Disorders	
	V	Comanagement of Chronic Health Disorders	
	VI	Psychological Interventions and Chronic Health Disorders	
	IB	Complementary and Alternative Medicine & Placebo Effect (will be covered through Internal Project	



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	I II	Work) Complementary and Alternative Medicine The Placebo Effect	
2: Psychological Issues in Advancing and Terminal Illness	I II III IV V VI	Death Across the Life Span Psychological Issues in Advancing Illness Are there Stages in Adjustment to Dying? Psychological Issues and The Terminally Ill Alternatives to Hospital Care for the Terminally Ill Problems of Survivors	11
3: . Heart Disease, Hypertension, Stroke and Type II Diabetes	I II III IV	Coronary Heart Disease Hypertension Stroke Type II Diabetes	11
4: Psychoneuroimmunology and Immune – Related Disorders	I II III IV V	Psychoneuroimmunology HIV infection and AIDS Cancer Arthritis Type I Diabetes	11
		Total No. of Lectures	45

Beyond the Syllabus

Students' Presentations, Group Discussions, Use of E-learning, Book Reviews, Movie Reviews, Conducting Small Scale Studies on Topics related to the Syllabus and visits to NGOs / health centres working in the field of Health Psychology.

Semester IV: Health Psychology – Part B (Paper Pattern)

Duration: 2 hours	Marks: 60
Q.1 Essay Type (1/2) (Unit 1)	15 marks
Q.2 Essay Type (1/2) (Unit 2)	15 marks
Q.3 Essay Type (1/2) (Unit 3)	15 Marks
Q.4 Short Notes (3/5) (Unit 4)	15 Marks



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Course Outcomes

Students should be able to...

CO1	Understand the basic concepts and modern trends in Health Psychology.
CO2	Comprehend the foundational theories in Health Psychology.
CO3	Use their understanding of research designs and their research skills to conduct research.
CO4	Apply their understanding of concepts of health psychology in various areas of day to day life.
CO5	Feel interested and motivated to pursue further studies in Health Psychology.

Recommended Resources

Text Books :	1. Taylor, Shelley E. (2018). Health Psychology (10 th Ed). Chennai: McGraw Hill Higher Education. Indian Edition
Reference Books	1. Davy, J. & Ellis, S. (2000). Counselling Skills in Palliative Care. Buckingham: Open University Press. 2. Mohan, J. & Sehgal, M (editors) (2006). Health Psychology: Recent Perspectives. Delhi: Abhijeet Publications. 3. Brannon, L. & Feist, J. (2007). Introduction to Health Psychology. New Delhi: Wadsworth (Thomson Learning) 4. Khatoon, N. (Editor). (2012). Health Psychology. New Delhi: Dorling Kindersley (India) Pvt Ltd.

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